Mountain bikers and hikers enjoy 14 miles of hilly, heavily wooded dirt trails that traverse the southwest side of the park. The Michigan Mountain Bike Association helps keep this area groomed. Helmets are required on mountain bike trails.

LOCAL RULES

- Stay on the marked trails only.
- Cyclists are required to wear a helmet.
- Pedestrians have right of way.
- Hikers need not follow directional arrows.
- The black trail is a single-track trail, all other trails are two-track trails.

